



NOTICE OF RACE **Amended May 25, 2025**

2025 Doc Gilbert Potomac Cup Regatta

May 31 - June 1, 2025
Hosted by Lightning Fleet 50,
Washington Sailing Marina
1 Marina Drive, Alexandria, VA 22314

<https://www.nextsailor.com/regatta/docgilbert>

ORGANIZING AUTHORITY & HOST CLUB:

Potomac River Sailing Association (PRSA), and Lightning Fleet 50.

RULES:

The current *Racing Rules of Sailing* (RRS), the prescriptions of US Sailing (except where changed by the Notice of Race or Sailing Instructions), this Notice of Race, and the Sailing Instructions shall be in effect. In case of conflict between the Notice of Race (NOR) and the Sailing Instructions (SI's), the Sailing Instructions shall prevail.

RRS 42.3(c) is changed to say "Except on a beat to windward, when surfing down the leeward side of a wave or when planing is possible, a boat's crew may pull the sheet, but not the guy, controlling any sail to initiate surfing or planing, but only once for each wave or gust of wind. When the mainsheet is pumped, only the part of the sheet between the crew member handling the sheet and the first block on the boom shall be used."

RRS 44.1 is changed by adding the following sentence after the first sentence: "When an infringing yacht has its spinnaker drawing at the time of the infringement, drops it completely while taking her penalty, and resets it immediately and has it drawing after the penalty, the penalty is a One-Turn Penalty."

VHF radios are allowed for communications with the Race Committee per ILCA By- Laws Article VIII 5) B) 4) A). The RC intends to communicate with competitors and hail OCS boats using VHF. Failure to receive a hail shall not be

cause for redress. The timeliness, order, and ability to understand a radio transmission is not redressable.

Class Rule in Bylaws Article VIII part 1 is changed to say “The total number of persons aboard a boat in an event shall be two (2) or three (3). The same number of crew shall be carried throughout all races of the event.”

ELIGIBILITY:

The regatta is open to all Lightning class sailboats. This event is a [Purnell Cup Regatta](#).

REGISTRATION AND ENTRY:

\$175.00 Includes entry fee, dinner for three, beer/beverages, 3 regatta T-shirts, and awards. The registration fee includes marina entry for 1 car & boat (a key code will be provided), 3 dinners **provided by Mission BBQ**, hot dogs after the racing on Sunday, and beverages throughout the weekend. Please register online at <https://www.nextsailor.com/regatta/docgilbert>.

SCHEDULE:

Friday, May 30

You are welcome to arrive on Friday and, optionally, set up your boat and go for a sail.

Saturday, May 31

09:30-10:00 Check in

10:00 Competitors meeting

11:30 1st Warning Signal

Drinks and then dinner after racing

Sunday, June 1 -

This day we will share the race course, but not the starts, with other classes at PRSA.

10:00 Competitor's meeting

11:30 1st Warning Signal

15:00 Final Warning Signal Deadline

Awards following last race

SAILING INSTRUCTIONS:

The sailing Instructions will be available online a few days before the event and at registration.

VENUE:

Lightning Fleet 50's home at the Washington Sailing Marina (WSM), 1 Marina Drive, Alexandria, Virginia.

RACING AREA:

The sailing area is on the Potomac River north of the Washington Sailing Marina between Haines Point and Reagan National Airport. When sailing north, we need to keep to the east side of the river to keep out of a safety zone marked by small no-wake buoys created after the plane crash earlier this year.

COURSES:

Courses will be described in the Sailing Instructions. Courses may be shortened at the discretion of the Race Committee.

SCORING:

Eight (8) races are planned – four races each day. One (1) race is required to constitute a regatta. If 6 or more races are completed, a boat's series score will be the total of her scores with a throw-out. This modifies RRS A2.

DISCLAIMER OF LIABILITY:

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority and host club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

AWARDS:

Awards will be provided to the top five teams (skipper and crew). The Potomac Cup perpetual will be inscribed with the winner's name. The Doc Gilbert Potomac Cup Painting will be given to the highest placing Fleet 50 skipper to hold for one year and a plate added with their name.

CONTACTS:

Regatta Chair: Nabeel Alsalam – nabeel.alsalam@gmail.com / 571.766.6164

Fleet Captain: Frank Gallagher – frankjgallagher@gmail.com / 703.599.0144

ACCOMODATIONS:

Some fleet 50 sailors can accommodate visiting boats. Please contact Frank Gallagher for more information.

GREEN REGATTA:

This regatta has been certified as a “green regatta” via the Sailors for the Sea regatta certification and sustainability program. Please be mindful of your use of resources and of waste disposal and recycling while at the regatta. Please bring refillable water bottles to the regatta.